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## Harmony manual pump

To ensure the most accurate sizing, we do not recommend sizing earlier than the 8th month. The sizing calculator should correctly give all measurements in order to receive the exact science and not the closest sizing recommendations. Medela Harmony is an excellent solution for moms looking for backup pump options. Ergonomic rotating handle design reduces hand fatigue that feels good when using manual pumps. Convenient bottle stand prevents the bottle from falling and spilling. Medela Harmony is a small and lightweight pump for occasional use that meets all of your basic pump needs. Features: Two-phase technology has been proven to produce more milk with soft touch in less time Ergonomic swivel handle all parts touching breast breast compatible with handle PersonalFit breast shield for one-handed operation are made without BPA compatible with Phony Hospital grade breast pump named the world's best selling manual breast pump Single manual pump is ideal for occasional hours away from the baby bottle stand. With lid 1 - Bottle stand 2 - Extra membrane 1 - English and Spanish breastfeeding information guide SKU 101029269 Weight 1 pound guaranteed 30 days pump dimensions 9 x 4 x 8 AC adapter no bag, no battery power pump type manual system type open system medela harmony breast pump information guide Medela personal use pump harmony is single, manual breast pump designed for occasional time away from the baby. It is small enough to fit in a handbag and does not require batteries or wires. It's perfect for moms who occasionally need pumps and lightweight travel companions. #1ママと医師が推奨する乳房ポンプブランド, Medela offers the best in research-based breast milk supply products. Thanks to a unique combination of 105 degree opening angle, soft rim and oval for a better fit, the PersonalFit Flex™ chest shield gives your milk duct less pressure and creates a more effective and comfortable pump experience - a clinically proven unique ergonomic handle has a 2-stage expression technology that allows you to simulate the baby's sucking rhythm 2,3. To fully utilize the functionality of the handle, first use the short side at a fast pace to stimulate the flow of milk. When you see breast milk flowing, use the long side of the handle to extract the milk. Easy to use, compact and sophisticated Medera Harmony Manual Chest Pump is a great option for work and travel. This lightweight and compact manual pump packs up with snaps and is comfortable and quiet enough to be used just anywhere. Assembly Medera Harmony Manual breast pump is almost fully assembled, but the first bactericidal boil must be done before use. While disassembling the pump to facilitate initial assembly, it is recommended to mentally note how everything fits together. The pump is made up of Pieces - Handles, chest shields, valves, collection bottles, membranes, pump body/component connectors, diaphragms/stems (with O-rings) Our lab tests show that all parts fit together safely and without difficulty. All of our parent testers agreed that it was easy to put the pump together and disassemble, and that the instructions for assembly and use were clear and easy to follow. This simple assembly has made it possible for our mom testers to get pumping quickly and without much fuss. All moms who have tested the comfortable Medera Harmony Manual breast pump have found that it is comfortable enough to use every day. One of our testers said her hands were tired after a full pumping session, but no one had a hard time finding a comfortable pumping position. The 24mm chest shield that comes with the pump is a good size for all of our parent testers and they all said it fits comfortably against their breasts. If you feel that the 24mm shield is not fit properly, Medela sells 5 different sizes of breast shields from 21mm to 36mm, so you can find the one that suits you. Pumping Medera Harmony Manual Breast Pump is one of the few manual breast pumps tested with two-phase expression techniques that mimic the stimulation and expression stages of breastfeeding. Harmony's two-phase representation is very easy to use: simply press down the arrow at the top of the handle to start in stimulation mode, and when disappointment begins, pump the bottom of the handle to switch to expression mode. The majority of our testers found this system easily and effectively during the pump. However, it should be noted that the rotation handle can cause confusion when switching phases. I use an electric pump on a regular basis, but this manual pump is compact and easy to use. It's definitely useful if you need to pump a little for comfort, or if you're away from your baby for a day - Hannah, one mom of our mom tester agreed that it's easy to get a good seal between the chest shield and the chest. About half experienced some leaks around the breast shield, a common problem with breast pumps, but they often expressed it as dribbling. Remember that when she tilts the pump from her chest, she has found that breast milk may flow into the body of the pump and increase the risk of leakage, so keep it in a comfortable pump position. Minimal leaks aside, our testers reported that Harmony provides good suction for efficient pumps, and all but one said they felt their breasts were completely drained after a pumping session. No one in our tester experienced nipple pain, cracking or bleeding while using Harmony. Most of our testers said the pump is pretty easy to use in dimly lighted rooms - especially if you want to pump quietly every day without waking up lightNOISE manual pump does not have a noisy motor like an electric pump, but some can be heard. Our lab tests measured the noise of each pump with a sound meter and found that the Medera Harmony Manual breast pump is one of the quietest. A fan of a room set on a low would be enough to drown out the whispers of this pump. The direct experience of our mom testers reflected the results of the lab: they said the pumps can produce low levels of noise and no noise and pump into the same room as sleeping babies and partners without them waking them up. Cleaning Medera Harmony Manual Chest Pump consists of 8 pieces and can be cleaned very easily by hand or dishwasher. (Note: As with other pumps, check the instructions to see which parts are safe in the dishwasher.) One of our mom testers felt that harmony is especially easy to clean because there are no hard-to-reach areas in all the works. The film of this pump is very thin and delicate, so you will want to pay special attention when cleaning. But don't sweat too much - if the membrane is lost or damaged, the pump comes with two extras and replacements are ready. Lightweight and compact, the Medera Harmony Manual Pump is super portable: it is small enough to be carefully transported to a large purse or tote bag, and all of our testers said it's a good option for pumping when you're away from home. One of our mom's testers said she loved how comfortable the handle felt in her hands and she was able to rotate it to find a comfortable position for her wrists and hands. The neck of the pump is designed to hang on the base of the thumb, eliminating the need to hold it during pumping and making it comfortable to hold for a long time. All of our mom testers have shown it easy to remove the bottle from the pump without spilling any breast milk. The two collection bottles that come with the Medera Harmony Manual Pump are compatible with Medela's full range of nipples and lids, and make storage, bottle preparation and feeding a little easier (don't search for a mess of bottles to find what you need). And the need to transfer breast milk from one bottle to another helps prevent milk loss. In addition, the bottle is also compatible with Medera's electric pumps (including freestyle), allowing you to easily switch between electric and manual pumps to suit your needs. FINAL WORD Manual Breast Pump is ideal for mothers on the go - whether you are traveling or just need to pump away from home occasionally, Medela Harmony Manual Breast Pump will finish the work. All moms who tested this pump evaluated its quality from good to very good, and the majority said the pump was easy to use. Overall, our mom is happy with the Medera Harmony and recommends it to other moms and moms. It has a higher price point than some of the other manual pumps on the market, but it features a two-phase representation, and a wide range of breast shield sizes This means you should be able to find a good fit - minimize the milcross and achieve a more comfortable and efficient pumping experience. For all of these reasons, there is no doubt that it is well valued for today's parent approval seal. This pump will work. It's easy to assemble, high quality and can be used with other products. - Jen, 3 Moms